

Ashe County High School's February 2023 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Offered Daily during Breakfast: Pop tarts Cereal Yogurt 4 oz juice Breakfast/Lunch: Milk-variety 1% White Fat Free Chocolate</p>	<p>Daily Lunch Entrees Offered: PBJ Uncrustables Or Smart Mouth Pizza And Fruit Varieties</p>	<p>1 Sausage Biscuit Mixed Fruit</p> <p>Hot dog w/ WG bun Baked Fries Mixed Vegetables Clementine Apple</p>	<p>2 Muffin Applesauce</p> <p>Chicken Nachos w/cheese sauce Tortilla Chips Black Beans Steamed corn Salsa Blueberries Mixed Fruit</p>	<p>3 French Toast Sticks Sliced Peaches</p> <p>Cheese Dippers Marinara Sauce Steamed Carrots Sliced Cucumbers w/ranch Applesauce Banana</p>
<p>6 Sausage Biscuit Diced Pears</p> <p>Chicken Nuggets WG Roll Sweet Potato Fries Steamed Peas Sliced Peaches Apple</p>	<p>7 Super Donut Applesauce</p> <p>Fish Sticks Hushuppies Pinto Beans Coleslaw Applesauce Pear Halves</p>	<p>8 Honey bun Apple</p> <p>Corndog Baked Beans Mashed Potatoes Frozen Strawberry Cup Apple</p>	<p>9 Sausage Biscuit Sliced Peaches</p> <p>Spaghetti w/meat sauce Garlic Toast Steamed Broccoli Tossed Salad W/Ranch Apple Sliced Peaches</p>	<p>10 Breakfast Pizza Apple</p> <p>Pizza Cucumber Slices w/Ranch Steamed Carrots Banana Mixed Fruit</p>
<p>13 Sausage Biscuit Sliced Pears</p> <p>Chicken Strips WG Roll Mashed Potatoes Steamed Carrots Applesauce Sliced Peaches</p>	<p>14 Scrambled Eggs with Toast Sliced Peaches</p> <p>Pork Carnitas w/cheese sauce 8' tortilla shell Black Beans Tossed Salad w/Ranch Salsa Blueberries Apple Mgrs Dessert of Choice</p>	<p>15 French Toast Sticks Blueberries</p> <p>Hot dog WG bun Coleslaw Baked Fries Fresh Carrots W/ranch Apple Frozen Peach Cup</p>	<p>16 Sausage Biscuit Mixed Fruit</p> <p>Chicken Pie Biscuit Tater Tots Steamed Peas Baked Apples Sliced Peaches</p>	<p>17 Breakfast Pizza Sliced Peaches</p> <p>Cheese Dippers w/Marinara Sauce Steamed Broccoli Fresh Carrots w/Ranch Mixed Fruit Banana</p>
<p>20 Sausage Biscuit Sliced Pears</p> <p>Chicken Fillet WG Bun Lettuce and Tomato Baked Fries Baked Beans Apple Pear Halves</p>	<p>21 Muffin Blueberries</p> <p>Vegetable or Tomato Soup Grilled Cheese Tossed Salad w/Ranch Mixed Fruit Sliced Peaches</p>	<p>22 Honeybun Apple</p> <p>Chicken and Waffles Steamed Carrots Baked Fries Frozen Strawberry cup Apple</p>	<p>23 Sausage Biscuit Sliced Peaches</p> <p>Pork BBQ w/WG Bun Coleslaw Yams Steamed Broccoli Blueberries Applesauce</p>	<p>24 Breakfast Pizza Applesauce</p> <p>Pizza Tossed Salad W/Ranch Steamed Corn Banana Mixed Fruit</p>
<p>27 Sausage Biscuit Apple</p> <p>Popcorn Chicken WG Roll Baked Fries Baked Beans Steamed Peas Apple Sliced Peaches</p>	<p>28 Mini Pancakes Mixed Fruit</p> <p>Teriyaki Beef Bites WG Roll Broccoli Mashed Potatoes Blueberries Mixed Fruit</p>			